





he International Congress of Esthetics and Spa made a Texas Strong impact on attendees, vendors and instructors, with a dare to aspire as the theme. The congress, held at the Arlington Convention Center on May 15 and 16, was a whirlwind of thrills and insights in skin care. Spa professionals left wide-eyed with enthusiasm, filled with ideas to foster growth and elevate their practices to the next level. Attendees aspired to new heights at the Main Stage with amazing lectures and demonstrations, while informative conferences and the bustling exhibitor hall filled them with renewed faith in their entrepreneurial visions and fostered a sense of community within the industry.

Renée Rouleau kick-started the twoday congress with a revitalizing opening ceremony each morning. As a skin care expert and master esthetician for more than 25 years, she inspired all in attendance to move from doubt to certainty via a mission to aspire toward their dreams, whether just beginning or mid-journey. Rouleau shared the importance of passionate goals to best serve clients and their skin, as well as instilling fresh perspective and enthusiasm for the exclusive and innovative information that characterized the event.

As a nurturing complement to the innovative educational opportunities presented, attendees were able to personalize their time with vendors to ask questions and discuss implementation options. Warmth permeated the exhibition halls and the congress provided an exceptional opportunity to network, make connections and strengthen the beauty community.

Casey Gainer of White Tara Spa in Houston commented, "Spa professionals from every pocket of the Southwest were given the opportunity to internalize the breakthroughs and innovations within the industry with their cohorts."

"I love coming every year to see my fellow spa professionals and to catch up on what is going on in the industry. A trend isn't a trend until I see it here," said Trish Sullivan, director of Yes Spa in Oklahoma City "I truly felt inspired to dream bigger like the theme of the show. I will definitely be coming again next year."

The educational program was packed with the best developers and formulators in the industry. Attendees benefited from their first-hand knowledge and had the opportunity to ask questions regarding implementation and addressing clientbased pain points. Industry experts led discussions on the latest in skin care and spa leadership, advocacy and research.







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